

This directory provides links to a wide range of local resources to assist families and individuals affected by today's economic downturn.

Name	Description	Website	Coverage	Contact	Address	Notes
Worcester County Food Bank list (.pdf)	Town-by-town list of food pantries, and shelter and transitional programs	www.foodbank.org/PDF/agencylist.pdf	Central Mass.			
Central Region Resource Guide	Comprehensive directory of human services resources	www.steps-umms.org/content.aspx?id=188&linkidentifier=id&itemid=188	Statewide			
Dept. of Transitional Assistance/Food Stamps	Directory of food, job and cash assistance, emergency shelter, and domestic violence	www.ma.gov/dta	Statewide	866-950-3663		
Serve New England	Nonprofit organization that buys high quality food in bulk at wholesale prices and passes the savings on to members	www.massresources.org/pages.cfm?contentID=15&pageID=3&subpages=yes&dynamicID=321	Statewide	contact@massresources.org		
Women, Infants and Children (WIC)	Catalog of health and human services	www.mass.gov/dph/fch/wic.htm	Statewide			