



Free and Open to the Public

**Sixth in the
Economic Crisis Workshop Series of Central Mass:
Tools for Success**

***“For Richer or for Poorer:
Family Coping with Economic Stress”***

Stephen Slaten, PhD, Executive Director, [JFS Worcester](#)

**Thursday, January 28, 6:30-8:30 PM at [Tatnuck Booksellers](#)
Westborough Shopping Center, Route 9 at Lyman Street,
Westborough, MA 01581
508.366.4959**

When it comes to financial stress, family members are “in it together.” They are all affected to varying degrees, they can help each other cope through a challenging time, and they can amplify the tension. This workshop will address ways to navigate numerous obstacles to effective family coping:

- Most couples don’t discuss financial matters.
- Going beyond shaming and blaming.
- Avoiding counterproductive means to handle stress.
- Dealing with children (how much do they need to know?).

This program is for anyone affected by the economy and for professionals.

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For more information, please visit
www.cbnaishalom.org/programs/gesherWorkshops.php
 Or phone or Mindy Hall at *Connections* 508.756.1543 or
 Stephen Slaten at JFS 508.755.3101

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[Connections of Central Massachusetts](#) is a non-denominational coalition that originated with five synagogues in Central Massachusetts and JFS Worcester as a community response to the recession, providing support, opportunities and information about resources for those in Worcester County confronting the impact of these challenging economic times.

